

SILVER AND BLACK ONLY TUESDAYS AT THE ARC

SUN	MON	TUE	WED	THU	FRI	SAT
 2 USA Fall Age Group Open	3 Red/Senior 4:30 - 6:30	4 Silver 1 - 5:00 - 5:45 ARC Silver 2 5:45 - 6:30 ARC Black 6:30 - 8:00 ARC Red/Senior Dryland 4:30 - 5:15 Pre-Team 5:30 - 6:30	5 Red/Senior 4:30 - 6:30	6 Red/Senior 4:30 - 6:30 Dryland 4:30 - 5:15	7 Red/Senior 4:30 - 6:30 Silver 1 - 6:30 - 7:15 Silver 2 7:15 - 8:00 Black 6:30 - 8:00	1 No Practice USA Fall Age Group Open
9 USA Fall Age Group Open	10 Red/Senior 4:30 - 6:30	11 Silver 1 - 5:00 - 5:45 ARC Silver 2 5:45 - 6:30 ARC Black 6:30 - 8:00 ARC Red/Senior Dryland 4:30 - 5:15 Pre-Team 5:30 - 6:30	12 Red/Senior 4:30 - 6:30	13 Red/Senior 4:30 - 6:30 Dryland 4:30 - 5:15	14  Red/Senior 4:30 - 6:30 Silver 1 - 6:30 - 7:15 Silver 2 7:15 - 8:00 Black 6:30 - 8:00	8 Away Meet @ Northgate
16	17 Red/Senior 4:30 - 6:30	18 Silver 1 - 5:00 - 5:45 ARC Silver 2 5:45 - 6:30 ARC Black 6:30 - 8:00 ARC Red/Senior Dryland 4:30 - 5:15 Pre-Team 5:30 - 6:30	19  Red/Senior 4:30 - 6:30	20 Red/Senior 4:30 - 6:30 Dryland 4:30 - 5:15	21 Red/Senior 4:30 - 6:30 Silver 1 - 6:30 - 7:15 Silver 2 7:15 - 8:00 Black 6:30 - 8:00	15 Senior 7-8:30 AM Red 7-8:30 AM Silver 1 8:30-9:15 AM Silver 2 9:15-10 AM Black 8:30-10 AM
23	24 Red/Senior 4:30 - 6:30	25  Silver 1 - 5:00 - 5:45 ARC Silver 2 5:45 - 6:30 ARC Black 6:30 - 8:00 ARC Red/Senior Dryland 4:30 - 5:15 Pre-Team 5:30 - 6:30	26 Red/Senior 4:30 - 6:30	27 No Practice 	28 Red/Senior 4:30 - 6:30 Silver 1 - 6:30 - 7:15 Silver 2 7:15 - 8:00 Black 6:30 - 8:00	22 Senior 7-8:30 AM Red 7-8:30 AM Silver 1 8:30-9:15 AM Silver 2 9:15-10 AM Black 8:30-10 AM
30						29 Senior 7-8:30 AM Red 7-8:30 AM Silver 1 8:30-9:15 AM Silver 2 9:15-10 AM Black 8:30-10 AM